



The First Sunday of Lent

*Seeing Ourselves Through
the Eyes of Christ*



Entrance Hymn:

LED BY THE SPIRIT

KINGSFOLD



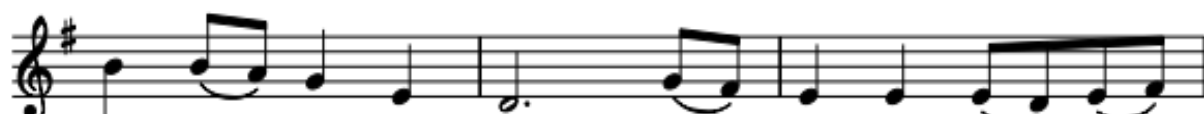
1. Led by the Spir - it of our God, we go to fast and
2. Led by the Spir - it, we con - front temp - ta - tion face to
3. Led by the Spir - it, now draw near the wa - ters of re -
4. Led by the Spir - it, now sing praise to God the Trin - i -



1. pray With Christ in - to the wil - der - ness; we join his
2. face, And know full well we must re - ly on God's re -
3. birth With hearts that long to wor - ship God in spir - it
4. ty: The Source of Life, the liv - ing Word made flesh to



1. pas - chal way. "Rend not your gar - ments, rend your hearts. Turn
2. deem - ing grace. On bread a - lone we can - not live, but
3. and in truth. "Who - ev - er drinks the drink I give shall
4. set us free, The Spir - it blow - ing where it will to



1. back your lives to me." Thus says our kind and
2. nour - ished by the Word We seek the will of
3. nev - er thirst a - gain." Thus says the Lord who
4. make us friends of God: This mys - t'ry far be -



1. gra - cious God, whose reign is lib - er - ty.
2. God to do: this is our drink and food.
3. died for us, our Sav - ior, kin and friend.
4. yond our reach, yet near in heal - ing love.

Text: CMD; based on Joel 2:12-13; Matthew 4:1-4; Mark 1:12-15; John 4:5-42; Bob Hurd, © 1996, Bob Hurd.
Published by OCP. All rights reserved. Music: trad. English Melody; English Country Songs, 1893;
adapt. by Ralph Vaughan Williams, 1872-1958.

Penitential Rite

Collect

The Liturgy of the Word



Be with me, Lord, when I am in trou-ble, be with me, Lord, I pray.

He who dwells in the shelter of the
Most High,
and abides in the shade of the
Almighty,
says to the LORD, "My refuge,
my stronghold, my God in whom I
trust!" R.

Upon you no evil shall fall,
no plague approach your tent.
For you has he commanded his angels
to keep you in all your ways. R.

They shall bear you upon their hands,

lest you strike your foot against a
stone.
On the lion and the viper you will tread,
and trample the young lion and the
serpent. R.

Since he clings to me in love, I will
free him,
protect him, for he knows my name.
When he calls on me, I will answer
him;
I will be with him in distress;
I will deliver him, and give him
glory. R.



Be with me, Lord, when I am in trou - ble.

Second Reading

Gospel Acclamation



Praise to you, Lord Je - sus Christ, King of end - less glo - ry!



Praise to you, Lord Je - sus Christ, King of end - less glo - ry!

Text © 1969, 1981, 1997, ICEL

Steven C. Warner and Karen Schneider Kirner
Music © 2011, WLP

Gospel

Homily

The Nicene Creed

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day in accordance with the Scriptures.

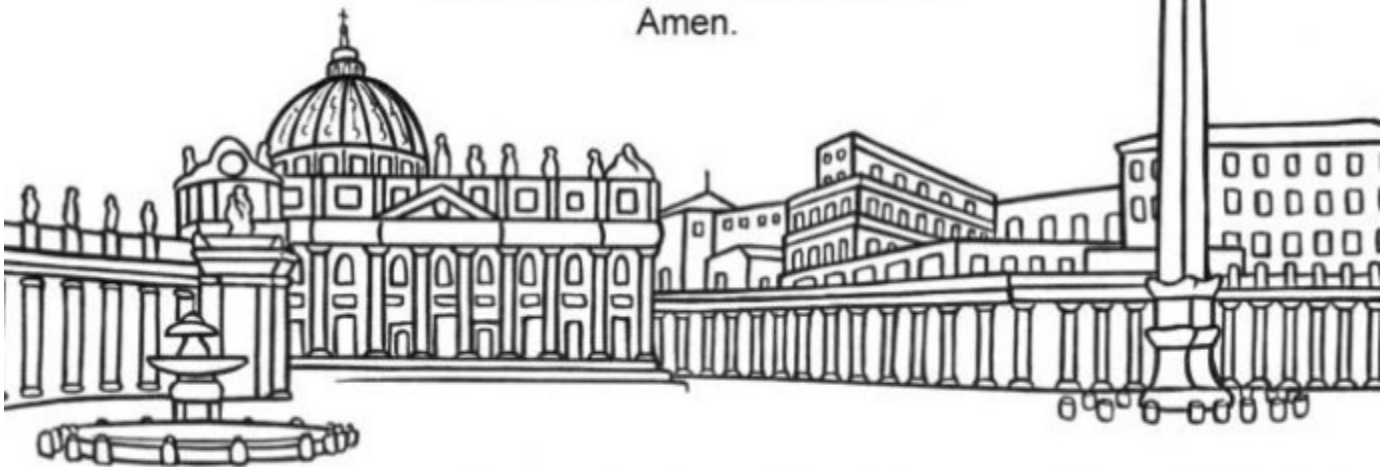
He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.

Amen.



Offertory Hymn:

Return to God

Refrain

Re - turn to God with all your heart, the source of grace and
mer - cy; come seek the ten - der faith - ful - ness of God.

The musical notation is written on two staves in treble clef, with a key signature of one sharp (F#) and a 3/4 time signature. The melody consists of eighth and quarter notes, with a final measure containing a quarter rest.

Verses

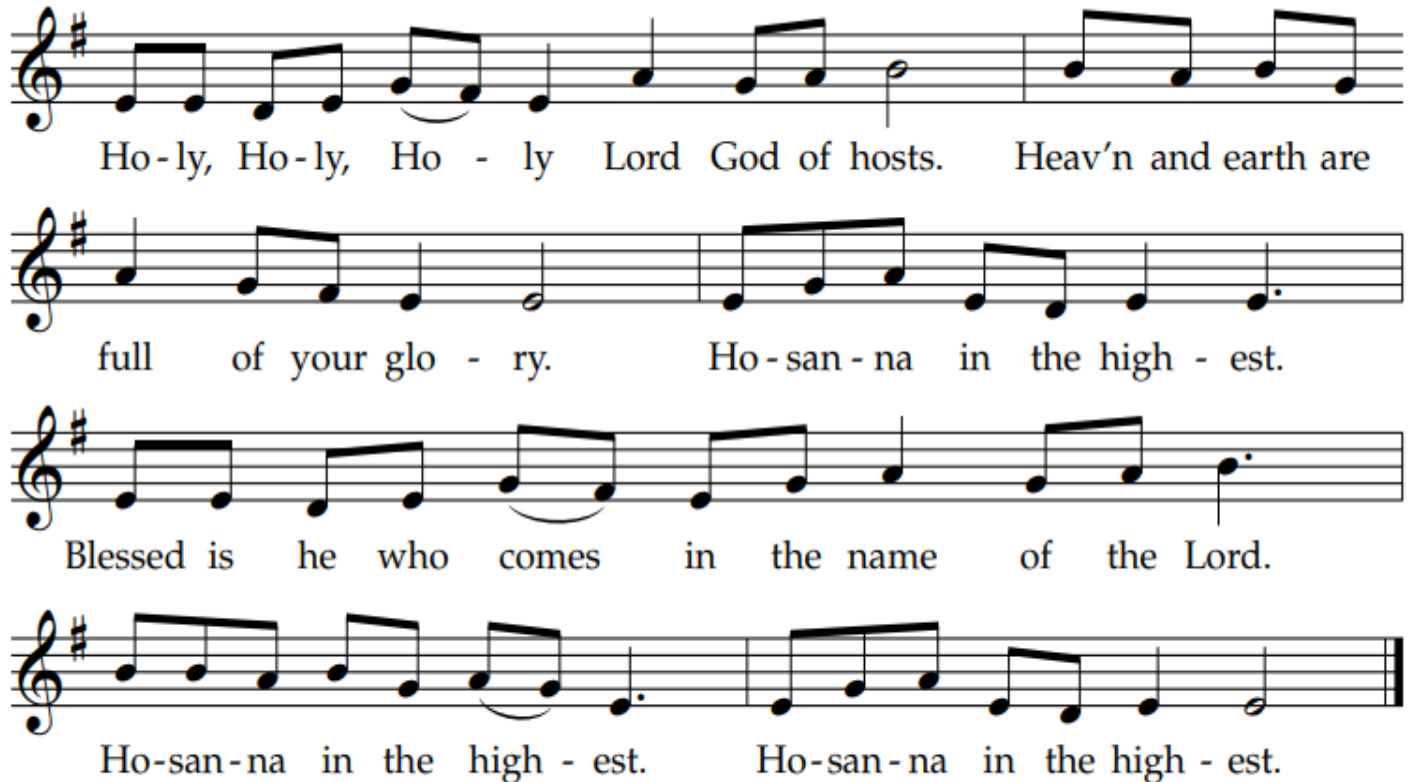
1. Now the time of grace has come,
the day of salvation;
come and learn now the way of our God.
2. I will take your heart of stone
and place a heart within you,
a heart of compassion and love.
3. If you break the chains of oppression,
if you set the pris'ner free;
if you share your bread with the hungry,
give protection to the lost;
give a shelter to the homeless,
clothe the naked in your midst,
then your light shall break forth like the dawn.

Text: Marty Haugen, b.1950
Tune: Marty Haugen, b.1950
© 1990, 1991, GIA Publications, Inc.



Liturgy of the Eucharist

Holy, Holy

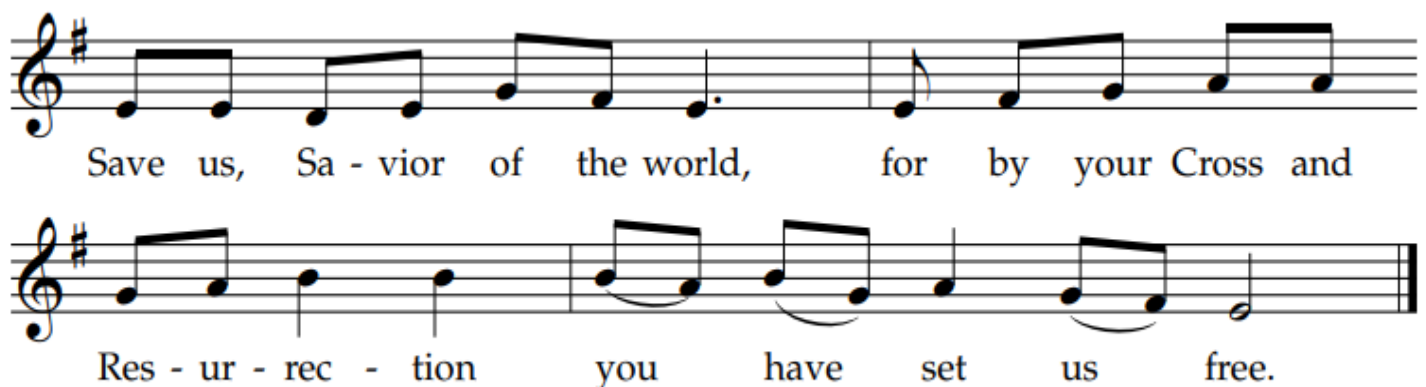


Ho-ly, Ho-ly, Ho - ly Lord God of hosts. Heav'n and earth are
full of your glo - ry. Ho-san - na in the high - est.
Blessed is he who comes in the name of the Lord.
Ho-san-na in the high - est. Ho-san-na in the high - est.

Text © 2010, ICEL

Steven C. Warner
Music © 1960, 2010, WLP

Memorial Acclamation

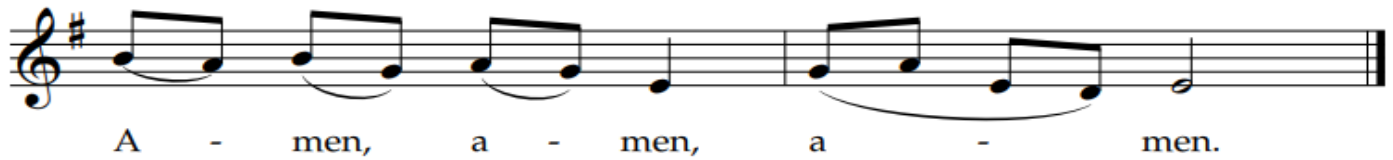


Save us, Sa - vior of the world, for by your Cross and
Res - ur - rec - tion you have set us free.

Text © 2010, ICEL

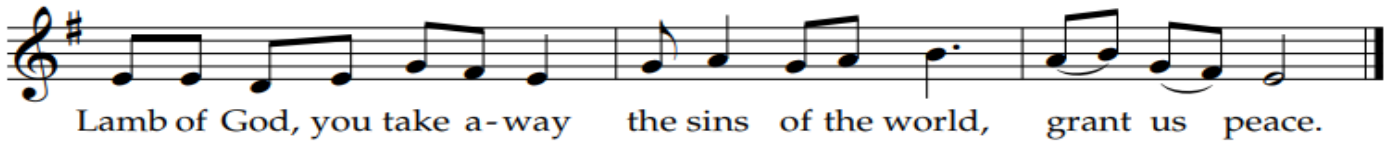
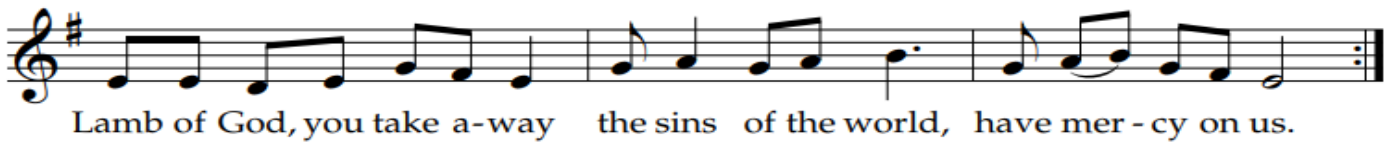
Steven C. Warner
Music © 1960, 2010, WLP

Amen



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Lamb of God



Steven C. Warner
Music © 1960, 2010, WLP



Act of Spiritual Communion

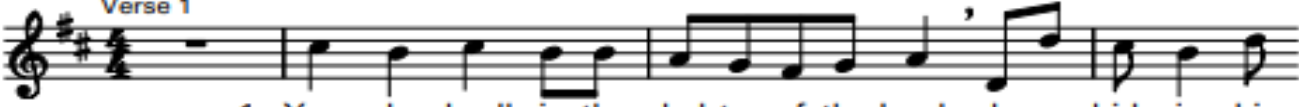
My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Communion Hymn

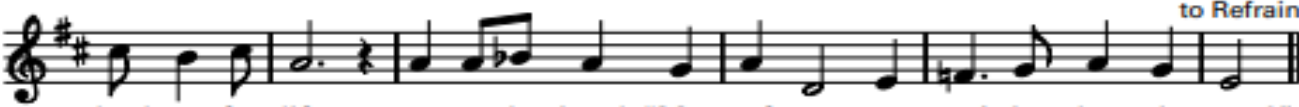
ON EAGLE'S WINGS

Michael Joncas

Verse 1



1. You who dwell in the shel-ter of the Lord, who a - bide in his



1. shad-ow for life, say to the Lord: "My ref-uge, my rock in whom I trust!"

to Refrain

Refrain



And he will raise you up on ea - gle's wings, bear you on the




breath of dawn, make you to shine like the



sun, and hold you in the palm of his hand.

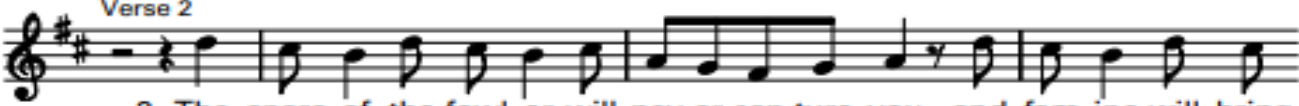
to Verses (last time to Coda) ♠

♠ Coda

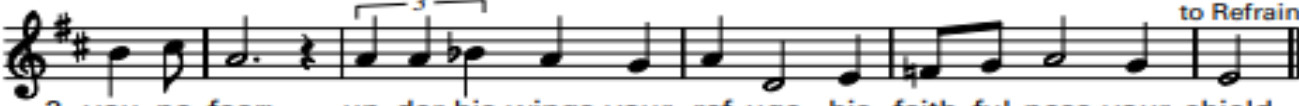


And hold you, hold you in the palm of his hand.

Verse 2




2. The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring




2. you no fear: un-der his wings your ref-uge, his faith-ful-ness your shield.

to Refrain

Verse 3



3. You need not fear the ter-ror of the night, nor the ar-row that flies by



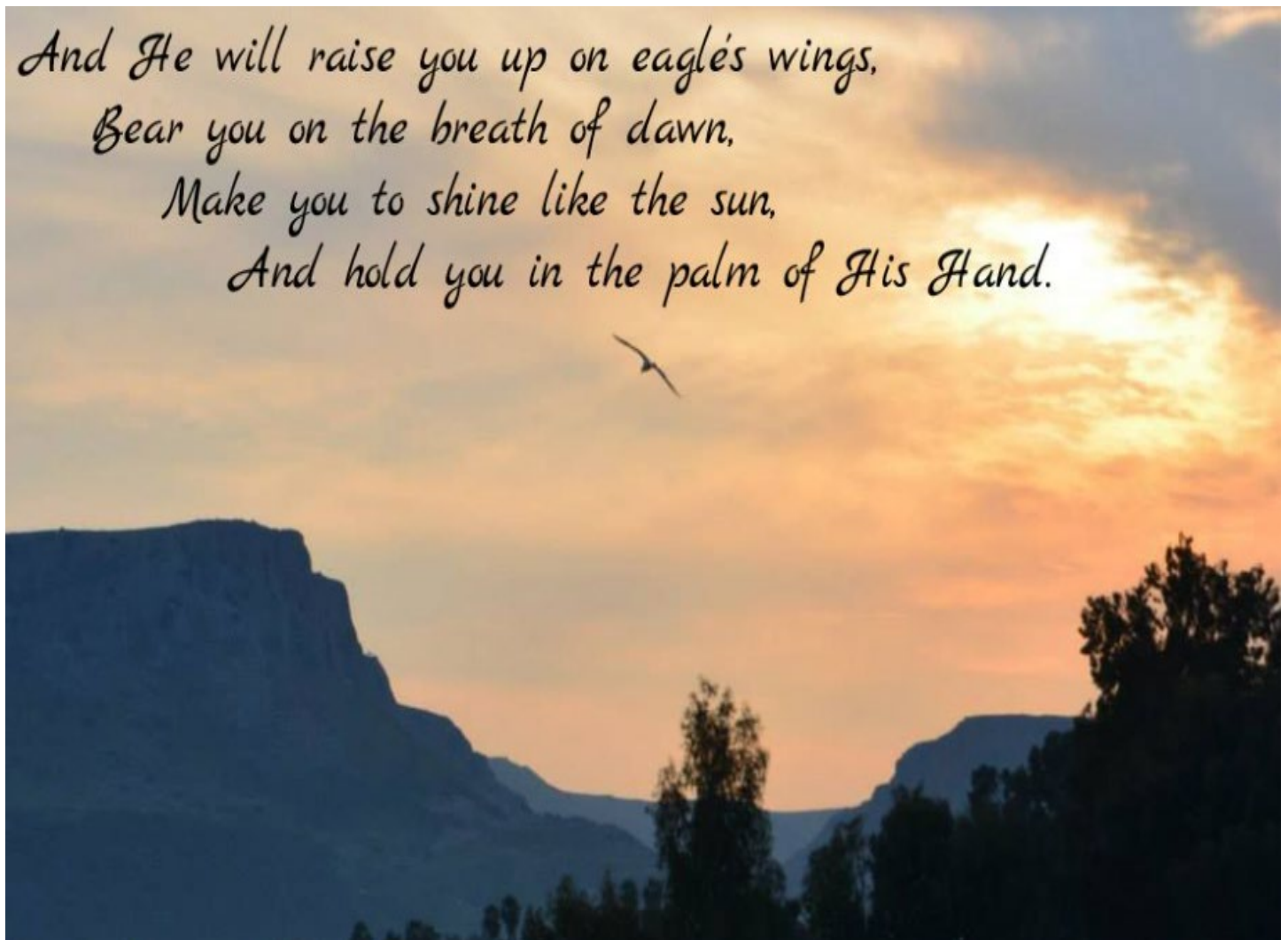
3. day; though thou-sands fall a - bout you, near you it shall not come.

to Refrain

Verse 4

4. For to his an-gels he's giv-en a com-mand to
 4. guard you in all of your ways; up - on their hands they will
 4. bear you up, lest you dash your foot a-gainst a stone. to Refrain

*And He will raise you up on eagle's wings,
 Bear you on the breath of dawn,
 Make you to shine like the sun,
 And hold you in the palm of His Hand.*



Closing Hymn

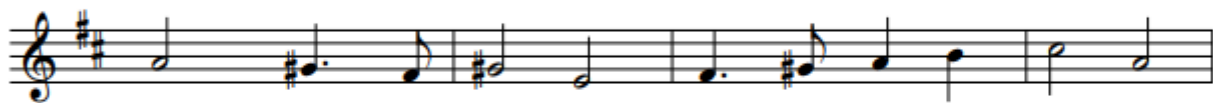
Lift High the Cross



Lift high the cross, the love of Christ pro-claim till



all the world a - dore his sa - cred name.



1. Come, Chris - tians, fol - low where the Mas - ter trod, our
2. Led on their way by this tri - um-phant sign, the
3. Each new - born fol - l'wer of the Cru - ci - fied bears
4. O Lord, once lift - ed on the glo - rious tree, your
5. So shall our song of tri - umph ev - er be: praise



King vic - to - rious, Christ, the Son of God.
hosts of God in con - quering ranks com - bine.
on the brow the seal of him who died.
death has bought us life e - ter - nal - ly.
to the Cru - ci - fied for vic - to - ry!

Text: 1 Corinthians 1:18; George W. Kitchin, 1827-1912, and Michael R. Newbolt, 1874-1956, alt.
Tune: CRUCIFER, 10 10 with refrain; Sydney H. Nicholson, 1875-1947
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